**How to Use: Premium iHold Transfer Foil Gel**

For Gel polish

\*After curing 2nd coat of gel polish. Apply a layer of iHold transfer Foil Gel and cure full 30 seconds under proper LED lamp.

\*Place the image you would like from transfer foil, gently rub firmly & thoroughly onto the foil.

\*Remove the foil after image is transferred.

\*Apply non wipe gel top coat and cure for 60 seconds.

The difference between 2 kinds of transfer foil is curing time and LED lamp: the premium iHold transfer foil ( black bottle) is cured under LED lamp for 30 seconds. The iHold transfer foil (white bottle) is cured under proper LED lamp for 60 seconds.